

## BUILD YOUR OWN LUNCH – Hot

### Pick a Salad:

- **Perfect Garden – Vegetarian & Gluten Free**
  - Mixed greens, carrots, tomato, cucumber and pepperoncini with sweet onion vinaigrette.
- **Classic Greek – Vegetarian & Gluten Free**
  - Tomatoes, cucumber, red onion, romaine & vinaigrette topped with Kalamata olives and feta.
- **Traditional Caesar**
  - Romaine lettuce, bacon bits, seasoned croutons tossed with Caesar Dressing with Parmesan
- **Taste Spinach – Vegetarian & Gluten Free**
  - Baby spinach topped with Gorgonzola, apple bits and slivered almond with pear vinaigrette.
- **Gourmet Greens – Vegetarian & Gluten Free**
  - Organic greens, sunflower seeds, blueberry and goat cheese with balsamic honey dressing.
- **Thai Noodle – Vegetarian & Gluten Free**
  - Zucchini noodles, micro greens, red pepper, cucumber and a soy dressing.
- **Quinoa – Vegetarian & Gluten Free**
  - Ancient grain quinoa, chick peas, green onion, parsley and lime olive oil dressing.
- **Mango Salad – Vegetarian & Gluten Free**
  - Mango, Napa cabbage, radish, cucumber, cilantro and parsley

### Pick an Entree:

- **Comfort Foods - \$ 16.95 per Person**
  - **Chili with Rice – Gluten Free**
  - **Beef Bourguignon with Mashed Potato – Gluten Free**
  - **Turkey Ala King with Rice – Gluten Free**
  - **Lasagna – Meat, Seafood or Vegetable with Garlic Toast**
- **Gourmet Selections - \$ 18.95 per Person**
  - **Stuffed Chicken Supreme – Gluten Free**
    - Boneless chicken breast stuffed with Spinach and Feta Cheese served with Sweet Potato Mash and mixed vegetable
  - **Maple Glazed Salmon – Gluten Free**
    - Wild caught salmon fillet glazed with maple butter band served with rice and mixed vegetable.
  - **Pork Chops – Gluten Free**
    - 2 Center Cut Pork Loin Chops, Topped with Caramelized Onion and Apple. Served with Roast Potato and Mixed vegetable
- **Vegetarian Options - \$16.95 per Person**
  - **Vegetable Lasagna**
  - **Cheese Tortellini**
  - **Moroccan Vegetable Stew – Gluten Free**
  - **Canadian Maple Chili – Gluten Free**
  - **Curried Cauliflower and Chick Peas – Gluten Free**
  - **Mushroom Tourtiere**

### Pick a Dessert

- **Fresh Fruit Tray – Gluten Free**
- **Assorted Dessert Squares – Gluten Free Available for \$1.00 extra per person**
- **Assorted Cookies – Gluten Free – Available for \$1.00 extra per person**
- **Apple Crisp**
- **Assorted Tarts**

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All of the above packages are based on 10 or more people.

Above prices do not include taxes, delivery or admin fee.

**Personal menu design always available, everything is possible!**