

Hot Super food lunch options;

1. Pick a hot item;

Our lasagna; homemade Lasagna with garlic bread (meat or vegetarian)

Turkey Lasagna, ground turkey tomato sauce with spinach and cheese also with garlic bread

Boar Penne pasta, Boar meat sauce infused with greens and a hint of juniper, bound in tomato sauce, with garlic bread

Chicken breast; stuffed with goat cheese and herbs or pear and blueberry, side of rice medley

Pork loin; stuffed with apricot ginger stuffing, side of rice medley

Chicken and kale meatloaf BBQ sauce glaze, side of mashed potato with cheese,

2. Pick a salad;

Garden Organic Greens; Sunflower seeds, blueberry and goat cheese with balsamic honey dressing

Thai noodle; zucchini noodle, micro greens red pepper, cucumber and soy dressing.

Quinoa; ancient grain quinoa, chick pea green onion and parsley, lime dressing and olive oil

Mango salad; Mango, Napa cabbage, radish, cucumber, cilantro and parsley

Fresh fruit tray

Roman Caesar; Romaine and kale with garlic dressing, cheese and croutons

3. Pick dessert;

Lemon bars or date squares

Butternut chocolate wedge(add\$1)

Assorted dessert tray

\$16 per person (min 12 people)

4. Add on; (power break)

(Add \$3.00 person)

Fresh Vegetable tray with herb dip

Fruit tray; grapes berries and melons

Nut and berry bars

Energy Superfood balls, contains nuts and seeds, Chia with Goji berry

Drinks;

(Add\$1.50)

Orange and apple juice

San Pellegrino sparkling juices

Assorted pop

Water